



# CYO ATHLETIC OFFICE

## FOOTBALL UNDERWEIGHT RELEASE



Since our child does not meet the minimum weight requirement, outlined below, of the CYO Football Program, and because of our/my desire to have our/my child \_\_\_\_\_ (Name), participate on the \_\_\_\_\_ (Name of Parish) Parish Football Team in the CYO Football Program, I/we, the undersigned participant/parent, on behalf of myself, my heirs, legatees, and assigns, hereby agree to indemnify, save, and hold harmless the Youth and Young Adult Ministry and CYO Office, Catholic Charities Health & Human Services, the Bishop of the Diocese of Cleveland, the Diocese of Cleveland and the above stated parish or any of their agents, representatives, employees or assigns from any and all damages and liability for any injury, medical fees, hospital bills, doctor bills of our/my aforesaid child. I understand that a physician's release is necessary. I also fully understand that my signature absolves, indemnifies, and holds harmless said physician from any and all liability for any injury.

Grade of Participant: \_\_\_\_\_ Division Participant wishes to play: \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

I have examined the above child and have found him to be \_\_\_\_\_ pounds and IS IS NOT to play CYO Football. ORCLE ONE

Physician's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Address \_\_\_\_\_  

STREET
CITY
ZIP

Phone Number: \_\_\_\_\_  

OFFICE NUMBER
FAX NUMBER

- JUNIOR VARSITY & VARSITY  
MIDDLEWEIGHT DIV.**
1. Any athlete weighing less than 90 lbs. needs to complete this form.
  2. **No one weighing under 80 lbs is permitted to play.**
  3. In this division there is unlimited weight for offensive & defensive linemen from tackle to tackle. The maximum weight for all other players is 155 lbs.
  4. A three (3) pound growth allowance is given at the end of season CYO Championship.

- CADET MIDDLEWEIGHT DIV.**
1. Any athlete weighing less than 65 lbs. needs to complete this form.
  2. **No one weighing under 55 lbs is permitted to play.**
  3. In this division there is unlimited weight for offensive & defensive linemen from tackle to tackle. The maximum weight for all other players is 120 lbs.

- ELEMENTAL MIDDLEWEIGHT  
DIV.**
1. Any athlete weighing less than 65 lbs. needs to complete this form.
  2. **No one weighing under 55 lbs is permitted to play.**
  3. In this division there is unlimited weight for offensive & defensive linemen from tackle to tackle. The maximum weight for all other players is 100 lbs.

\*There are no weight restrictions for the Varsity and Cadet COMBINED Football Programs.