

At some point in our lives, many of us will be faced with the responsibility of caring for an aging family member. We may discover our loved one having difficulty handling their normal daily tasks or perhaps experiencing isolation or loneliness. While they may be too independent to require nursing home placement, they can find help and compassionate care at **Summit Adult Day Services.**



Summit Adult Day Services

(formerly named CYO Adult Day Services)

provides programs designed to improve physical, mental and spiritual health, with the ultimate goal of helping older adults maintain their independence. Your loved one will experience many benefits of the program, while you gain the confidence you need to know that he or she is well cared for while you are away.

“ The program’s caregivers are fantastic. We do so many activities every day, including exercise, playing bingo and other games, doing crafts and keeping up with current events. I really have been blessed. This is a God-sent organization.”

Catholic Charities Community Services
Summit County 

Summit Adult Day Services

812 Biruta St., Akron, OH 44307

330.762.2000

www.akroncyo.org

Hours: 7:00 am – 5:00 pm

Monday – Friday

Part-time and full-time options available
Transportation available upon request (requires fee)

Summit Adult Day Services (formerly named CYO Adult Day Services) is a program of Catholic Charities Community Services – Summit County. Additional financial support is provided in part by: Area Agency on Aging 10B, Inc., County of Summit DD Board, Louis Stokes Cleveland VAMC, Ohio Child and Adult Care Food Program, Ohio Departments of Job and Family Services, United Way of Summit County, foundations and individual contributions.



Catholic Charities



And justice for all...

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Summit Adult Day Services

building confidence.
maintaining independence.

Catholic Charities Community Services
Summit County





Discover the Difference

Experience that keeps getting better

Summit Adult Day Services (formerly named CYO Adult Day Services) has been in operation since 1977. The first of its kind in the Summit County area, our program has continued to evolve, grow and change over the years to best meet the needs of older adults. We are a free-standing facility, not attached or affiliated with a long-term care facility. Our purpose is to help keep older adults independent, social, and in their homes.

Custom Care Groups that meet individual needs

We know that each individual's situation can be dramatically different from that of other participants. That is why Summit Adult Day Services offers four custom care groups designed to improve independence and socialization through activities that strengthen physical and mental functioning. Our groups accommodate all levels of function from alert and highly functional participants to those in the advanced stages of dementia such as Alzheimer's disease.



Caring, Compassionate Staff that knows each participant

The staff at Summit Adult Day Services is committed to providing the highest level of care for your loved one, while treating everyone with dignity and respect. With a 1:6 staff-to-participant ratio, the caregivers are able to know your loved one personally and provide the assistance he or she may need. An on-site Licensed Social Worker maintains an on-going team approach to communicate with nurses, activity staff and caregivers.

There's something for everyone at Summit Adult Day Services. Our Director of Nursing and Activities Director keep a full schedule of alternatives for our participants. We're confident you'll enjoy your daily visits, while receiving the appropriate level of nursing services if needed.

Physical and Social Well-Being

Activity and Nursing Services, based on individualized care plans, include:

Daily health monitoring, blood pressure screening, medication administration, continence care, health education, and experience to address changing needs.

Nutritious meals and snacks prepared by our own on-site chef and monitored by a Licensed Dietician

Daily exercise programs including a comprehensive, medically approved geriatric strength training/fitness program that builds bone density and muscle mass.

Numerous games and activities that utilize motor skills, word association, hand-to-eye coordination, dexterity and self expression.

Community outings and various entertainment engage our participants in the joy of living.

Improving Mental and Spiritual Health

Discussion on current and historical events to promote reminiscence

Quiet library area with rotating books from the Summit County Public Library

Beauty and barber services to keep you looking and feeling good

Daily morning devotions and non-denominational commemorative and seasonal prayer services to enrich spiritual connections