

RESERVATION FORM

ABUNDANT LIFE WOMEN'S
WELLNESS RETREAT
— May 11-12, 2012—
PLEASE PRINT

Name _____
(If paying by Credit Card, print name as it appears on the card)

Street/City/State/Zip _____

Phone (_____) _____

Parish/Affiliation _____

E-mail Address _____

\$100.00 per/person

Check Enclosed \$ _____ Check # _____

Visa MasterCard Discover Credit Card # _____

Exp. Date _____

SPECIAL NEEDS

Physical _____

Dietary _____

Please complete this reservation form and mail it with your deposit to: Loyola Retreat House, 700 Killinger Road, Clinton Ohio 44216-9653.

For more information call (330) 896-2315 or e-mail loyolaretreat@aol.com. Thank You!
Website: www.loyolaretreathouse.com

FOR OFFICE USE ONLY

Authorization # _____

Confirmed _____

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~Return Service Requested~



"Come Away to the Quiet..."

Abundant Life
Care for the body, mind, and spirit™

*Women's
Wellness Retreat
May 11-12, 2012*

*I came so that you might
have life and have it
more abundantly.*

—John 10:10

Co-Sponsored by
Catholic Community Connection and
Loyola Retreat House, Inc.
700 Killinger Road
Clinton, OH 44216
(located in the City of Green)
Website: www.loyolaretreathouse.com

"Come Away to the Quiet..."



***Abundant Life
Women's Wellness Retreat
Celebrate Mother's Day!
May 11-12, 2012***

The Presenters

ANTOINETTE HORN, MBA, LNHA

PAMELA MAIDENS, BA, MA, CPM

**CATHOLIC
COMMUNITY CONNECTION
Cleveland, Ohio**

COME AND EXPERIENCE Improved well-being through an understanding of the connection between your body, mind and spirit. Enjoy good communication skills, healthy relationships, and better care of your self and others as you contemplate a clearer understanding of your mission and purpose for a fuller, more meaningful life!

"Come Away to the Quiet" of Loyola Retreat House—join us in exploring these connections and learn new ways to live life to the fullest. Enjoy the beautiful grounds, the woods, and the gardens.

**VIGIL MASS will be Celebrated on
Saturday at 5:30 PM**

ABUNDANT LIFE . . . ONE DAY AT A TIME

Because every person is an inseparable unity of body, mind, and spirit, our well-being depends upon more than physical care. When we understand and appreciate our self as a whole person, we understand and appreciate others this way as well.

During these moments of wellness, wholeness, and holiness, we will:

- Take time to learn, laugh, love, and live life abundantly.
- Honor our self in relationship with God and others.
- Be present, positive, and pleasantly productive.
- Enjoy a vibrant spirit

ARRIVAL Friday — 5:30PM Registration;
Dinner served at 6:00PM

DEPARTURE Saturday — 7:00PM
(After Dinner)

COST—\$100 per person; includes materials, overnight accommodations, four home-cooked meals and refreshments. Towels and linens are provided. A \$50 deposit is due with registration; balance due upon arrival. For more information, please contact the Retreat House (330-896-2315).

GUIDE TO LOYOLA

From Cleveland Area: Take I77 south towards Canton to Arlington Road Exit, turn right onto Arlington, proceed south to the 5300 block of Arlington, turn right onto Killinger, and go about 3/4 mile to our driveway on the left.

From Canton Area: Take I77 north towards Akron to Portage Street Exit, turn left onto Portage Street. Continue to Arlington Road, turn right. Proceed north (approximately 3 miles) to the 5300 block of Arlington, turn left onto Killinger. Our driveway is approximately 3/4 mile on the left.

ANTOINETTE HORN, MBA, is Vice President of Operations for Catholic Community Connection. She facilitates collaborative work among healthcare professions, the research community, and academia. Antoinette is also a certified instructor in integral Tai Chi and Qigong. Her passion is whole person wellness, and she enjoys helping people to practice good habits that lead to full meaningful lives.



PAMELA MAIDENS, MA, CPM, is Director of Mission Education and Spiritual Development for Catholic Community Connection where she develops and teaches mission-focused programs. Pamela is also a Lay Ecclesial Minister in the Diocese of Cleveland with degrees in Journalism, Theology, and Ministry, Advanced Certification in Pastor Ministry, and National Certification in the Sacred Art of Living and Dying. She treasures good health, faith, family, friends, warm sunny vacations, and having fun!



For more information visit
www.AbundantLifeEducation.com